

# Women to Women Group Mentoring

## FAQ'S

*Last year's topics included: Emotional Intelligence, Presentation Skills, Authentic Leadership, Relationship Building, Networking and Giving and Receiving Feedback*

**What is your mission?** The Women to Women Group Mentoring Program is an opportunity to develop leaders in an intimate group setting and confidential environment, enable the free exchange of lessons learned from experience, garner first-hand advice from today's leaders, and discuss topics that will accelerate women's full potential personally and professionally

**What topics are addressed in the course?**

The program covers a wide array of business-related topics such as leadership, communication, presentation skills, networking and giving and receiving feedback. In addition, participants receive a comprehensive DiSC report, which provides insight into behavioral profiles and related communication styles.

**I don't work in a traditional corporate environment. Is this the right program for me?**

Yes! Mentoring is for everyone, and our classes are a diverse mix of people working in corporate, nonprofit and even entrepreneurial positions.

**How will this program provide a well-rounded experience that extends beyond my career?**

Past participants have consistently said that the skills they honed in the mentoring program had a strong crossover into their personal lives – improved communication, stronger emotional intelligence and bolstered confidence.

**How do I know if I am ready for this program?**

Our participants are a range of ages, with varying work experience. The program is designed for anyone looking to learn, grow or take a career to the next level. You do not have to lead a team or have decades of experience behind you to thrive in this program. All you need is an open mind, a willingness to commit to the program and a desire to boost your leadership skills.

**Is homework assigned?**

Depending on the monthly topic, there could be work required outside of the classroom setting. These projects might involve writing a short presentation, working through case studies applicable to the workplace or just checking in with your accountability groups to see what others are learning and continue the conversation outside of class.

**Does the program include any one-on-one mentoring?**

The program is designed as group mentoring, where all participants benefit from the mentors leading each session, as well as the input and experiences from other mentees in the course. While program mentors often continue discussions outside of class with individuals or small groups, the bulk of the mentoring will take place in the sessions, which are team-taught by two mentors each month.